

What Do I Need to Begin?

1. A Relationship with Jesus Christ
2. A desire to grow spiritually
3. Baptism
4. To have heard "The Call"
5. Commitment to the Formation Process
6. Reliable connection to the internet
7. Zoom
8. A reliable device for 6 & 7
9. Allotment of time for your pursuit



Other Levels of Participation

Oblate

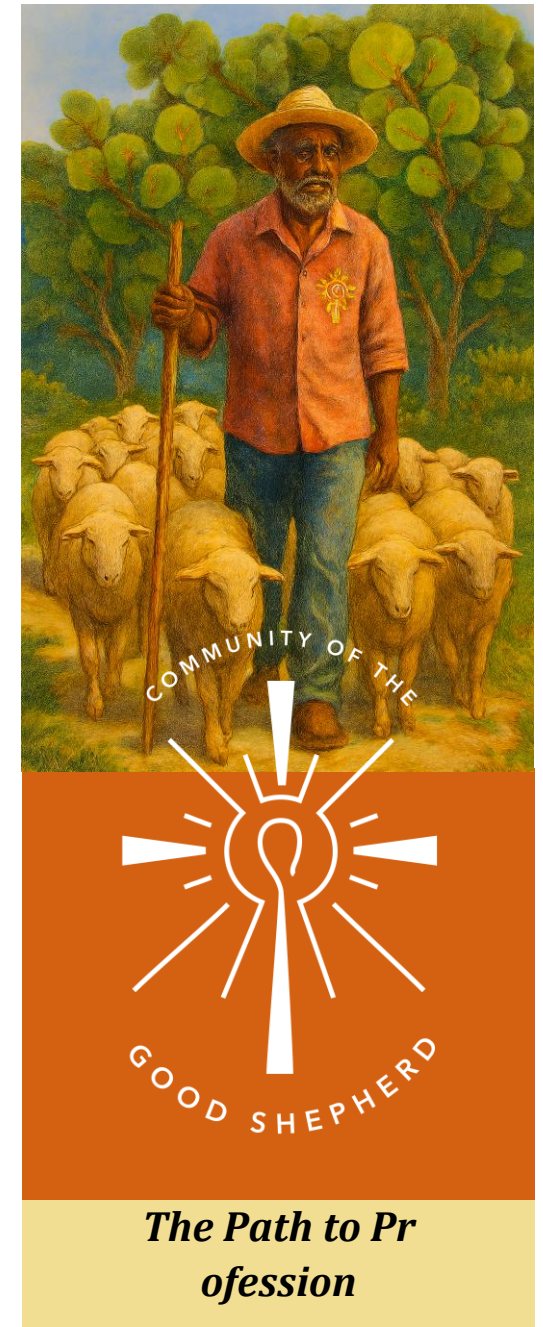
- After finishing Postulancy, you may wish to end formal formation and be vested as an Oblate. An Oblate may be considered a "lay monastic"

Companion

- A Companion embraces monastic practices, adheres to a Companions Rule, and develops a *Rhythm of Life* which guides their walk with God.

Friend

- The Friend supports the Community, as they are able, with their skills, talents, and financial assistance.



The Community of the Good Shepherd

- West Indies, is a Contemporary, Dispersed (non-residential), Christian, Religious /Monastic Community of Anglican Women and Men.

We are open to seekers who are married or single, lay person or ordained clergy, who seek the Sacred above all else.

We live the consecrated life guided by our motto:

“Following the Shepherd’s Way.”



Have you heard the call to Monastic Life?

It is a life committed to the things of Christ and His Kingdom, following a path of transformation – eliminating the ‘old man’ and becoming one with Christ.

The Monastic Life is simply the Christian life guided by structured formation, spiritual practices, an open heart, and a focused mind.

While we embrace traditional monasticism, we express it in a contemporary way.

Contact Us :

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The Path to Profession is paved with righteousness and has the following steps:

- Discernment
 - Conversations with the Guardian
 - Assignments/Projects
- Postulancy
 - Basics of Monasticism
 - Common Rule (15 modules)*
 - Community Life (15)
- The Novitiate
 - The Way to Love (31 short Meditations)
 - Monastic Practices (13)
 - The Gospel According to John (21)
 - Discernment exercises
 - Book Reviews
 - Embertide Reports
 - Service
- Profession
 - Publicly profess Vows:
 - Prayer
 - Study
 - Service

*() Number of assignments, projects or discussion group meetings